



Federal Employee Community Resources Guide

February, 2025

Contents

| | |
|--|-----------|
| Food Banks and Soup Kitchens..... | 2 |
| Statewide Resources | 2 |
| Middlesex County..... | 2 |
| New London County | 4 |
| Windham County | 10 |
| Tolland County | 11 |
| Hartford County | 13 |
| Basic Needs, Utilities, and Housing Resources | 14 |
| Statewide Resources | 14 |
| Middlesex County & Hartford County..... | 15 |
| New London County | 16 |
| Windham County & Tolland County..... | 17 |
| Veteran, Military, and Senior Specific Resources..... | 18 |
| Statewide/Regionwide Resources..... | 18 |
| Military Financial Assistance | 19 |
| Windham County | 20 |
| New London County | 21 |
| Tolland County | 22 |
| Hartford County | 22 |
| Financial Resources..... | 23 |

Summary and General Information

This guidebook has been assembled to connect impacted federal worker constituents to community services.

Many agencies and programs require applicants to demonstrate proof of residency, and so it is best to be prepared with all requisite documents before attempting to apply for any programs. Residents should check with their agency or program contact as to what documents may be required of them. The Office of Congressman Joe Courtney is unable to process, approve, or deny applications that may be submitted to organizations listed within this guide.

Should you have any questions about the information provided in this book, please contact the Office of Congressman Joe Courtney at 860.886.0139.



Food Banks and Soup Kitchens

Statewide Resources

Connecticut Foodshare

Address: 2 Research Parkway, Wallingford CT 06492

Phone: 203-469-5000

Website: ctfoodshare.org

Hours of Operations: 8:30am-4:30pm Monday-Friday

Connecticut Foodshare Mobile Food Pantries

Dates and locations variable. Please refer to the following webpage:

ctfoodshare.org/get-help/connecticut-food-banks-mobile-pantry-schedule/

Middlesex County

Town of Haddam – Health Department

Town(s) Served: Haddam

Address: 11 Jail Hill Road, Haddam, CT 06438

Phone: (860) 345-4621

Hours of Operations: Tuesdays, 9 am – 2 pm, Thursdays, 9 am – 6 pm;
Monday/Wednesday, by appointment

Town of Chester – Social Services

Town(s) Served: Chester

Address: 203 Middlesex Avenue, Chester, CT 06412

Phone: (860) 526-0013

Hours of Operations: Call Monday, Wednesday and Thursday, 9am to 12pm for an appointment

Shoreline Soup Kitchens – Saint Mark's Roman Catholic Church

Town(s) Served: Chester, Clinton, Deep River, East Lyme, Essex, Ivoryton, Killingworth, Lyme, Madison, Old Lyme, Old Saybrook, Westbrook

Address: 222 McVeagh Road, Westbrook, CT 06498

Phone: (860) 388-1988

Hours of Operations: Tuesday 11:30pm – 2:15pm

Shoreline Soup Kitchens – First Church of Christ

Town(s) Served: Chester, Clinton, Deep River, East Lyme, Essex, Ivoryton, Killingworth, Lyme, Madison, Old Lyme, Old Saybrook

Address: 55 Church Road, Clinton, CT 06413

Phone: (860) 388-1988

Hours of Operations: Wednesdays 3:30pm–6pmpm

Shoreline Soup Kitchens & Pantries – Old Saybrook

Town(s) Served: Chester, Clinton, Deep River, East Lyme, Essex, Killingworth, Lyme, Madison, Old Lyme, Old Saybrook

Address: 366 Main Street, Old Saybrook, CT 06475

Phone: (860) 388-1988

Hours of Operations: Tuesdays 2–4pm

Town of Deep River

Town(s) Served: Deep River

Address: 174 Main Street, Deep River, CT 06417

Phone: (860) 526-6020

Hours of Operations: Monday – Wednesday, 8:00am – 4:00pm, Thursday, 8:00 am – 6:30pm, Friday, 8:00 am – 12 pm

East Haddam Youth and Family Services Food Bank

Town(s) Served: East Haddam, Moodus

Address: 488 Town Street, East Haddam, CT 06423

Phone: (860) 891-8100

Hours of Operations: Tuesday: 10:00 am to 12:00 pm and 2:30 pm to 5:30 pm

Town of East Hampton – St. Patrick Church

Town(s) Served: East Hampton

Address: 43 West High Street, East Hampton, CT 06424

Phone: (860) 365-5978

Hours of Operations: Monday and Thursday, 9:00am – 12:00pm

Town of Clinton – Social Services

Town(s) Served: Clinton

Address: 48 East Main Street, Clinton, CT 06413

Phone: (860) 669-7347

Hours of Operations: First Friday of Each Month

New London County**Thames Valley Council for Community Action**

Town(s) Served: All of NL County

Address: 1 Sylvandale Road Jewett City, CT 06351

Phone: 860-889-1365

Hours of Operations: Monday–Friday 8:00am–4:30pm

Sisters of Charity Food Pantry

Town(s) Served: Sprague Residents (1x/wk)

Address: 54 W. Main St., Baltic, CT 06330

Phone: 860-822-8241

Hours of Operations: Thursday 3:00pm–4:00pm

Colchester Food Bank

Town(s) Served: Colchester Residents

Address: 127 Norwich Ave, Colchester, CT 06415

Phone: 860-537-7235

Hours of Operations: Thursday by appointment

Shoreline Soup Kitchens Pantry @ First Congregational Church

Town(s) Served: Chester, Clinton, Deep River, East Lyme, Essex, Ivoryton, Killingworth, Lyme, Madison, Old Lyme, Old Saybrook

Address: 2 Ferry Road, Old Lyme, CT 06371

Phone: 860-388-1988

Hours of Operations: Sat 8:30-10:30am

Shoreline Soup Kitchens Pantry @ St. Johns Episcopal Church

Town(s) Served: Chester, Clinton, Deep River, East Lyme, Essex, Ivoryton, Killingworth, Lyme, Madison, Old Lyme, Old Saybrook

Address: 400 Main Street, Niantic, CT, 06357

Phone: 860-388-1988

Hours of Operations: Thursday 2:30-4:30

St. Mary's Food Pantry

Town(s) Served: Griswold, Jewett City

Address: 34 North Main Street, Jewett City, CT, 06351

Phone: 860-376-2044 ext. 108

Hours of Operations: Tuesday of the Month/ 10am - 4pm

Bent Crandall

Town(s) Served: Anyone falling under income restrictions

Address: 21 Montauk Ave, New London

Phone: 860-439-6400

Hours of Operations: Call ahead for an appointment - Mon, Wed & Fri 12-1pm

Groton Human Services

Town(s) Served: Anyone in Need w/ appointments

Address: 2 Fort Hill Rd, Groton 06340

Phone: 860-441-6760

Hours of Operations: M-F 8:30-4:30

Malta

Town(s) Served: Anyone

Address: 20 Grove Avenue, Groton

Phone: 860-373-3975

Hours of Operations: M-F 8:30-4:30, distribute 10am-11:50 & 2-4pm

Groton Community Meals

Town(s) Served: Anyone (<18 must be accompanied by adult)

Addresses: Groton Senior Center, 102 Newtown Rd. (Mon) /

Thames River Magnet School, 250 Brandegee Ave., Groton (Wed)

Contact: <https://www.grotonmeals.org/calendar/>

Hours of Operations: Monday 6-7pm @ Groton Senior Center, Wednesday 6-7pm @ Thames River Magnet

Linda C. Davis Food Pantry

Town(s) Served: Ledyard and Gales Ferry Residents

Address: 728 Col. Ledyard Hwy, Ledyard @ Morgan Barn on the lower Town Green

Phone: 860-464-3222

Hours of Operations: Tues, Thurs & Sat 9-11am

New Life Christian Fellowship

Town(s) Served: Anyone

Address: 1729 Center Groton Rd. (Route 117), Ledyard

Phone: 860-464-9098

Hours of Operations: 2nd & 4th Sat 9am-11am

Montville Senior/Social Services

Town(s) Served: Montville Residents and surrounding towns

Address: 310 Norwich-New London Tpke, Montville

Phone: 860-848-0422

Hours of Operations: M-F 8:30am-3pm

Montville Union Baptist Church

Town(s) Served: Anyone (need car for drive-thru)

Address: 279 Route 163 (Oakdale Rd), Montville

Phone: 860-705-8578

Hours of Operations: 2nd & 4th Sat 9am-11am

New London Community Meal Center

Town(s) Served: Anyone

Address: 12 Montauk Street, NL

Phone: 860-444-7745

Hours of Operations: M-F lunch & dinner, 3rd, 4th, & 5th Sat lunch & Sunday dinner; lunch served 12-1pm; dinner served 5-6pm

Alliance for Living – Essentials of Life Program

Town(s) Served: Anyone affected by AIDS/HIV in SE CT – Curbside Pickup

Address: 74 Garfield Avenue, NL

Phone: 860-447-0884 ext. 227

Hours of Operations: Wed 10am-12pm

Catholic Charities

Town(s) Served: Anyone

Address: 331 Main Street, Norwich

Phone: 860-889-8346

Hours of Operations: M, T, Thur, F, 8:30 am-4:30pm, W, 8:30 am-7pm by appointments only

Church of the City Community Meal

Town(s) Served: Anyone

Address: 268 State Street, NL

Phone: 860-447-0388

Hours of Operations: Sat 5-6pm

Lord's Pantry @ St. James Episcopal Church

Town(s) Served: All NL County residents

Address: 76 Federal St., NL

Phone: 860-443-4989

Hours of Operations: Wed 10am-12:30pm

City of NL Food Pantry – Senior Center

Town(s) Served: New London Residents 60+

Address: 120 Broad Street, NL

Phone: 860-447-5232

Hours of Operations: 1st Thurs/month

New London Area Food Pantry

Town(s) Served: Anyone

Address: 110 Garfield Avenue, NL

Phone: (860) 443-6680

Hours of Operations: Monday 12:30–2:30pm Thursday 9:30–11:30am

New London Salvation Army

Town(s) Served: Anyone (may only receive food once/2weeks)

Address: 11 Governor Winthrop Blvd., NL

Phone: 860-443-640

Hours of Operations: Tues & Thurs 10am– noon, by appointment

Shiloh's Food Pantry

Town(s) Served: Anyone as long as they register

Address: 3 Garvin Street, NL

Phone: 860-442-4894 ext. 110

Hours of Operations: Thursday, 10am–1pm

Hispanic Alliance

Town(s) Served: Anyone as long as they preregister

Address: 176 State Street, NL

Phone: 860-941-9421

Hours of Operations: Monday 4-6pm

NL Partnership for Food to the People

Town(s) Served: Anyone

Address: 74 Garfield Avenue, NL

Phone: 860-574-9006

Hours of Operations: Wed 10:30am-2pm

St. Vincent de Paul Place

Town(s) Served: Anyone

Address: 120 Cliff Street, Norwich

Phone: 860-889-7374

Hours of Operations:

- General Hours: M-F 8am-4pm; Sat 8am-3pm
- Pantry: Mon & Wed 9am-12, 1-3pm || Sat. 9am-noon
- Meals: Mon-Sat 8-10am; 11:30am-1pm

Catholic Charities

Town(s) Served: Anyone

Address: 331 Main Street, Norwich

Phone: 860-889-8346

Hours of Operations: M-T, Thur-F, 8:30 am-4:30pm, W, 8:30 am-7pm by appointment

Community Outreach Center

Town(s) Served: Anyone, Pre-registration required

Address: 294 Washington St., Norwich

Phone: 860-822-6595

Hours of Operations: Fri 12:30-2pm

Waterford Community Food Bank

Town(s) Served: Waterford Residents only

Address: 200 Boston Post Rd, Waterford

Phone: 860-444-5848

Hours of Operations: M-F 8:30-4pm

Pawcatuck Neighborhood Center

Town(s) Served: Stonington, North Stonington, Westerly

Address: 27 Chase St, Pawcatuck

Phone: 860-599-3285

Hours of Operations: M-F 9am-3:30pm

Rosalyn Allen Food Pantry @ Preston Senior Center

Town(s) Served: Preston

Address: 42 Long Society Rd, Preston

Phone: 860-822-4146

Hours of Operations: 1st Friday of the month, 10-11am

Windham County**Access Community Action Agency-Community Services**

Area served: Residents of Windham or Tolland County

Address: 1315 Main Street Suite 2

Willimantic, CT 06226

Phone: (860) 450-7400 ext. 7496

Hours of Operation: 9am-4pm M-F

Chaplin Congregational Church

Area served: Residents of Chaplin and Surrounding Areas

Address: 43 Chaplin Street, Chaplin, CT 06235

Phone: (860) 933-8899

Hours of Operation: Appointment only

Project PIN Food Pantry

Area served: Brooklyn, Canterbury, Central Village, Moosup, Oneco, Plainfield, Sterling, Wauregan

Address: 23 Village Center Circle, Moosup, CT 06354

Phone: (860) 564-5591

Hours of Operation: 10:00 am–11:30 am M, 4:30 pm–6 pm W, 1:00 pm–2:30 pm F

Alternative Services of CT

Area served: CT residents

Address: 84 Linwood Avenue, Colchester, CT

Phone: (860) 537-4697

Hours of Operation: Second and fourth Friday of each month

Tolland County**Access Community Action Agency–Community Services**

Area served: Residents of Windham or Tolland County

Address: 1315 Main Street Suite 2, Willimantic, CT 06226

Phone: (860) 450-7487

Hours of Operation: 8am–4pm M–F

Safe Net Ministries

Area served: Stafford Springs, Union

Address: 58 West Stafford Road, Stafford Springs, CT 06226

Phone: (860) 851-9987

Website: safenetministries.com

Bolton Food Pantry (Through Social Services)

Area served: Bolton

Address: 104 Notch Rd., Bolton, CT 06043

Phone: (860) 647-9196

Website: town.bolton.ct.org/services/senior-and-social-services

Hours of Operation: 9:30am–3:30pm Monday, Wednesday, Thursday; By appointment all other days of the week.

Hebron Interfaith Human Services

Area served: Hebron

Address: 26 Pendleton Drive, Hebron CT 06248

Phone: 860-228-1681

Website: hihsct.org

Hours of Operation: 9:00am–6:00pm Tuesdays, Thursdays; 12pm–5pm Fridays

Crystal Lake Food Pantry

Area served: Ellington

Address: 278 Sandy Beach Rd, Ellington, CT

Email: CLFPellington@gmail.com

Website: facebook.com/clfpellington/

Hours of Operation: 8:30am–11:00am Mondays

Town of Columbia Food Pantry (Through Social Services)

Area served: Columbia

Address: 188 Route 66, Columbia CT 06237

Phone: 860-228-1008

Email: kwilt@columbiact.org

Hours of Operation: 8:30am–11:00am Mondays

Town of Stafford Food Pantry (Through Community Center)

Area served: Stafford Springs

Address: 3 Buckley Hwy., Stafford Springs, CT 06076

Phone: (860)684-7752 or (860)684-3906

Website: staffordct.org/food_assistance

Hours of Operation:

Monday, Tuesday, Wednesday: 8:00am–4:30pm;

Thursday 8:00am–6:30pm;

Friday 10:00am–1:00pm

Town of Coventry Food Pantry (Through Human Services)

Area served: Coventry

Address: 1712 Main Street, Coventry CT

Phone: 860-742-5324

Website: coventryct.org/Human-Services

[Food Bank Narrative](#)

Hours of Operation: By appointment only

Hartford County

Community Renewal Team, Inc.

Town(s) served: Residents of Hartford and or Middlesex County

Address: 555 Windsor Street, Hartford CT 06120

Phone: (860) 560-5600

Website: crtct.org

Hours of Operation: 8am–4pm M–F

Suffield Community Aid

Town(s) Served: Suffield

Address: 450 South Street, Suffield, CT 06078

Phone: (860) 668-1986

Website: suffieldcommunityaid.org

Hours of Operations: 8:00 am – 4:00 pm, M–F

Enfield Food Shelf

Town(s) Served: Enfield

Address: 786 Enfield Street, Enfield, CT 06082

Website: enfieldfoodshelf.org

Enfield Loaves and Fishes

Town(s) Served: Enfield

Address: 28 Prospect St Enfield, CT 06082

Phone: (860) 741-0226

Website: enfieldloavesandfishes.org

Hours of Operations: Sunday–Friday, 4pm–5pm. Sat. 11:30am–12:30pm

Marlborough Food Bank, Inc.

Town Served: Marlborough

Address: 3 Wilhenger Drive, Marlborough, CT 06447

Phone: 860-295-6008 (Tuesdays only)

Website: foodbankofmarlborough.com

Hours of Operation: Tuesdays, 10:00am–12:00pm, 3:30pm–6:00pm

Basic Needs, Utilities, and Housing Resources

Many of the organizations listed below serve residents in their surrounding geographic region.

Statewide Resources

Operation Fuel

Year-Round Help with Utility & Energy Costs

Services Provided:

- Emergency grants for utility assistance
- Homeless intervention and prevention

Website: operationfuel.org

Phone: (860) 243-2345

Email: opfuelapplications@operationfuel.org

Eversource

Payment Plans & Assistance

Services Provided:

- Payment plans
- Matching Payment Program
- New Start Program

Website: eversource.com

Phone: (800) 286-2828 (electric) | (800) 438-2278 (gas)

Winter Protection

Protection against heat source shut offs between 11/1 and 5/1.

Website: 211ct.org/winter-protection

211 of Connecticut – Referral Service for Basic Needs

211ct.org

Middlesex County & Hartford County

Community Renewal Team

Town(s) Served: Chester, Clinton, Deep River, East Haddam, East Hampton, Enfield, Essex, Glastonbury, Haddam, Killingworth, Madison, Marlborough, Old Saybrook, Suffield, Westbrook

Services Provided:

- Clothing drive
- Food drive
- Toy drive
- Connecticut Energy Assistance Program (CEAP)
- Emergency fuel
- Matching payment programs
- Diaper bank
- Affordable/subsidized housing
- Emergency shelter
- Eviction prevention & mediation
- Homelessness prevention/rapid rehousing

- Food pantries
- Senior support services

Website: crtct.org

Phone: (860) 560-5600

Address: 555 Windsor Street, Hartford, CT 06120 (Main Office)

New London County

Thames Valley Council for Community Action (TVCCA)

Town(s) Served: Bozrah, Colchester, East Lyme, Franklin, Griswold, Groton, Lebanon, Ledyard, Lisbon, Lyme, Montville, New London, North Stonington, Norwich, Old Lyme, Preston, Salem, Sprague, Stonington, Voluntown, Waterford

Services Provided:

- Food drive
- Connecticut Energy Assistance Program (CEAP)
- Emergency fuel
- Matching payment programs
- Affordable/subsidized housing
- Emergency Rental/Mortgage Payment
- Eviction Prevention & Mediation
- Homelessness Prevention/Rapid Rehousing
- Women, Infants & Children (WIC)

Website: tvcca.org

Phone: (860) 889-1365

Address: 1 Sylvandale Road, Jewett City, CT 06351 (Main Office)

Project Warm-Up | Waterford

Heating Assistance

Services Provided:

- Aims to provide fuel assistance for:
 - Households who have run out of all other fuel assistance OR
 - Denied fuel assistance but are low in heating fuel OR
 - Households who haven't applied for utility assistance and are in a short-term crisis OR

- Households over state-income guidelines but are experiencing an energy crisis
- Runs from November until April (or when fund is depleted)

Town(s) Served: Waterford, CT

Address: 24 Rope Ferry Road Waterford, CT 06385

Phone: 860-444-5839

Hours of Operations: M-F: 8am-4pm

Project Warm-Up | Groton

Heating Assistance

Services Provided:

- Aims to provide fuel assistance for:
 - Households who have run out of all other fuel assistance OR
 - Denied fuel assistance but are low in heating fuel OR
 - Households who haven't applied for utility assistance and are in a short-term crisis OR
 - Households over state-income guidelines but are experiencing an energy crisis
 - Runs from November until April (or when fund is depleted)

Town(s) Served: Groton, CT

Address: 2 Fort Hill Road Groton, CT 06340

Phone: 860-441-6760

Hours of Operations: M-F: 8:30am-4:30pm

Windham County & Tolland County

Access Community Action Agency

Town(s) Served: Andover, Ashford, Bolton, Brooklyn, Canterbury, Chaplin, Columbia, Coventry, Eastford, Ellington, Hampton, Hebron, Killingly, Mansfield, Plainfield, Pomfret, Putnam, Scotland, Somers, Stafford, Sterling, Thompson, Tolland, Union, Vernon, Willimantic, Willington, Windham, Woodstock

Services Provided:

- Connecticut Energy Assistance Program (CEAP)

- Emergency fuel
- Matching payment programs
- Affordable/subsidized housing
- Emergency rental/mortgage payment
- Emergency shelter
- Homelessness prevention/rapid rehousing
- Food pantries
- Women, Infants & Children (WIC)
- Senior support services

Website: accessagency.org

Phone: (860) 450-7400

Address: 1315 Main Street, Suite 2, Willimantic, CT 06226 (Main Office)

Veteran, Military, and Senior Specific Resources

Statewide/Regionwide Resources

Veterans Crisis Line

Contact immediately if you are a Veteran or service member in your life is showing signs of crisis.

Dial 988 then press 1

Reason to Ride

Town(s) Served: Statewide

Address: P.O Box 767, Jewett City, CT 06351

Email: info@areasontoride.org

Website: areasontoride.org

Easter Seals Veterans Rally Point

Town(s) Served: New London County Region, Greater Norwich

Address: 24 Stott Avenue, Norwich, CT 06360

Phone: 860-859-4148 ext. 1

Hours of Operations: 8:00am-8:00pm Monday-Friday

Connecticut Soldiers, Sailors and Marines Fund

Assistance to wartime veterans in need and their families

Services Provided:

- Weekly assistance
- Assistance with rental payments or mortgage interest payments
- Assistance with utilities such as gas, electricity, water and home heating fuel
- Assistance with medical expenses (Limits apply)
- Assistance with emergent dental care (Veteran only)
- Eye examination and eyeglasses
- Audiological evaluation and hearing aids
- Funeral expenses
- Durable medical equipment

Website: [American Legion Soldiers, Sailors and Marines Fund](#)

Phone: (860) 296-0719

Veterans Base Camp

Address: 108 England Road, Chaplin CT. 06235

Phone: (860)786-7163

Website: veteransbasecampinc.org

Hours of Operation: 9:00am-4:00pm Monday-Friday

Military Financial Assistance

Navy Federal Credit Union

NFCU is offering assistance to members who fit the following criteria:

- Pay impacted by the government shutdown.
- You have direct deposit pay with Navy Federal.
- You are a
 - Federal Government Employee;
 - Active Duty Service Member;

- A federal government contractor paid directly by the federal government

Website: <https://www.navyfederal.org/about/government-shutdown.html?intcmp=hp%7Ccont%7C5%7Ccls%7Cshutdown%7Cgovernmentshutdown2023%7C09262023%7C%7C%7C>

United Services Automobile Association

USAA is offering their members a one-time no interest loan and other relief options to help mitigate the financial impacts of a government shutdown. Eligible applicants are those who are federal employees impacted by the shutdown, have a direct deposit of their government check, and an account holder on the impacted USAA Bank deposit account.

Website: <https://www.usaa.com/inet/wc/ent-gov-shutdown-assistance-landing-mkt?akredirect=true>

Groton Connecticut SUBBASE Thrift Shop, Navy Marine Core Relief Society

Address: Building 84, Room 113, SUBBASE New London

Phone: (860) 694-4774

Website: <https://www.nmcrs.org/locations/groton>

Windham County

Salvation Army – Willimantic Corps Community Center

Town(s) Served: Residents of Windham and Tolland Counties

Address: 316 Pleasant Street Willimantic, CT 06226

Phone: (860) 423-0977

Hours of Operations: Tues–Fri 9:30am–2pm, Sunday 10:45 am–2 pm

Willimantic Veterans Coffee House

Town(s) Served: CT veterans

Address: 47 Crescent Street, Willimantic, CT, 06226

Phone: (860) 423-6389

Hours of Operation: 7:00 am–noon First Wednesday of month

TEEG (Thompson Ecumenical Empowerment Group, Inc.)

Town(s) Served: Northeast CT

Address: 15 Thatcher Road, North Grosvenordale, CT 06255

Phone: 860-923-3458

Website: teegonline.org

Hours of Operation: Monday-Friday 9:00am-4:00pm (Closed 12:30pm-1pm)

New London County**L. Senior Center Food Pantry (60+ only)**

Town(s) Served: Residents of New London

Address: 120 Broad Street, New London, CT 06320

Hours of Operations: Mon – Fri, 9am-3pm

New London Senior Center

Town(s) Served: Residents of New London County

Address: 120 Broad Street, New London, CT 06320

Phone: (860) 447-5232

Services Offered: Assistance with rent and utilities

Catholic Charities

Town(s) Served: Residents of New London

Address: 28 Huntington Street, New London, CT 06320

Phone: (860) 443-5328

Services Offered: Assistance with rent and utilities

Vincent de Paul Place

Town(s) Served: No Residency Requirement

Address: 120 Cliff Street, Norwich, CT 06360

Phone: (860)-889-7374

Services Offered: Food pantry

Senior Resources Eastern Connecticut Agency on Aging

Town(s) Served: Residents of Eastern Connecticut
Address: 19 Ohio Avenue, Suite 2, Norwich, CT 06360
Phone: (860) 887-3561

Tolland County

Tolland Senior Center

Town(s) Served: Residents of Tolland County
Address: 674 Tolland Stage Road, Tolland, CT 06084
Phone: (860) 870-3730
Hours of Operations: M - W: 8:30 AM - 4:00 PM, Thu: 8:30 AM - 6:30 PM, Friday
Closed

Hartford County

North Central Area Agency on Aging

Assistance regarding Medicare counseling, veterans' assistance, etc.
Town(s) Served: Andover, Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Glastonbury, Farmington, Enfield, Granby, Hartford, Hartland, Hebron, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Somers, South Windsor, Southington, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, Windsor Locks.
Website: ncaaact.org
Phone: 1-860-724-6443
Hours of Operations: 8:30am- 4:30pm Monday – Friday

Financial Resources

Thrift Saving Plan

Ph: 1-877-968-3778

tsp.gov/lapse-in-appropriations

Navy Federal Credit Union

Offers paycheck assistance program, providing advance on direct deposit for members

Ph: 1-888-842-6328

navyfederal.org

Press Release: navyfederal.org/navy-federal-offers-paycheck-relief-to-members-impacted-by-government-shutdown

USAA

Offers members a one-time, no-interest loan equal to net pay

Ph: 210-531-8722 or 800-531-8722

usaa.com/ent-gov-shutdown-assistance-landing-mkt

PenFed Credit Union

Offers paycheck protection loan, low-interest furlough loan, and flexible loan/mortgage payment options for members

Ph: 800-585-9055

penfed.org/furlough